

THE ARTICULATING PAPER

The Official Newsletter of the AUDSS



Photo: Jeremy Lee

SPRING IS HERE!

Can you believe it's almost the end of sem 2B? At least the weather is getting warmer now - hopefully that makes getting up for 8AMs a bit easier!

We hope everyone has been having a good semester - we're really heading towards the end of clinics now, so pluck up the last of your energy and give it your all. We know it's hard to keep motivated when you're so close to the end, but it's not all work - AUDSS still have quite a few events planned such as Trivia for Timor, Pubcrawl, and Spring Affair!

Keep up the hard work, and we'll see you there!

Publications team
(Melody, Elizabeth, Elaine)



Photo: Elaine Yu



announcements



SELTs

Remember to complete your SELTs before **13TH SEPTEMBER**

The feedback you give through the SELT process about your experience is extremely important. It is used to guide staff and the University in making continuous improvements to courses, teaching and academic programs as a whole for the benefit of students, and it is also used to identify and reward excellent teaching.

A high response rate to the SELT strengthens the overall value of the survey, and your individual response will make an important contribution.

The link can be found in your student inbox, in an email from Professor Philippa Levy.

BDS1 RUBBER DAM WORKSHOP

Struggling with rubber dams, or just after more practice?

This is the perfect chance to learn more about different types of rubber dam and get advice from seniors & tutors, all before sim clinic assessments!

TUESDAY 10TH SEPTEMBER 5PM-7PM in the sim clinic

Bring your own equipment!

PROBE

The Probe is the annual AUDSS yearbook. It has been happening for many years, as some of you may have seen at the ball a few weeks earlier. Publications currently in the process of putting it together the 2019 edition. We are seeking students from each year level (both BDS and BOH) to write year-in-reviews.

Fifth years - check your Facebook page for information regarding fifth year profile submissions. Remember that these need to be in by **1ST OCTOBER**. Please contact Publications if you have any questions or are interested to write the year-in-reviews!

GV
BLACK'S MIRROR

The indirect vision of the future

VENUE 7:30-8:30pm
VENUE 7:30-8:30pm
VENUE 7:30-8:30pm
VENUE 7:30-8:30pm

Choose your own adventure tonight
Can you handle it?

PUBCRAWL

How awesome is this shirt design?! Along with amazing stops and a very, very generous bar tab, this just might be the best pubcrawl yet! We will see you all there **20TH SEPTEMBER**

RUCK?

answer: you don't always have to be

by Melody Chen

"Did you know dentists have one of the highest suicide rates?" This confronting and frankly inappropriate phrase is one that is often flung at us when someone finds out we're in this field. The statistic, though ubiquitous, is not technically true and is definitely inflated. However, it is important to acknowledge that stress certainly has its place in dentistry.

Let me paint you a picture - it's a Friday, and you're finally home after a long day of clinic. The exam timetable has just been released, and it is a week earlier than you anticipated. Extra-curricular commitments meant you haven't been up to date with lectures for weeks. Your friends are going out for drinks tonight, but you've taken a rain check because you need to be up for work early tomorrow. Plus, you really can't afford it.

See, life doesn't stop just because we're in dental school. Many of us have outside commitments that demand our time. That's why we don't have to feel guilty that sometimes we cannot prioritise dentistry as much as we'd like to. It's ok to take a step back, and come back when we're more ready.

As students, we're not meant to have it all worked out. It's ok to make mistakes, because dental school allows for them - it allows for second chances. One bad clinic session doesn't define our entire year, and it doesn't form a tutor's entire impression of us. If we were all meant to get everything on our first go, the BDS course would only be half as long. Overhangs, lost working lengths, missed diagnoses... we've all been there. Just ask a senior. They know exactly what you're going through.

And even if you're someone who seems to be doing alright, take some time to look out for those around you. Maybe the reason why you waited so long for a tutor check today was because someone else was really struggling. Maybe the reason why that friend hasn't been at Sunday brunch lately is because they've been too overwhelmed. Maybe the reason why your flatmate is always so tired is because they haven't been able to sleep at night.

Because this *life* thing - it's not like we've done it before. Of course we're still trying to figure things out. There is nothing wrong with asking for help, whether this is from fellow peers, staff, or health professionals. Trust me when I say that no matter how dark it gets, someone, somewhere out there, really cares about you.

*hush darling, tomorrow the rains will fall softer
tomorrow, lightning will finally strike elsewhere*



centenary ball

17/08

a hundred years have passed
and here we are at last
come, let's dance 'til we can't stand
beneath this winter wonderland!



insight amazing raise

24/08

we wear capes and masks
solve the clues, and complete the tasks
run around city, all in a bid
to fundraise for disadvantaged kids



PHOTOS: ALICE ZHANG



calendar

SEPTEMBER 2019



EVENT	INFO
<p>11/09 AAPDP: Implant-Retained Overdentures Presented by Dr. Sravan Chunduru, a Prosthodontic special field member of the Royal Australian College.</p>	<p>5PM - 6:30PM AHMS 1059</p>
<p>12/09 RUOK? Day This year we're encouraging everyone to Trust the Signs, Trust your Gut & Ask R U OK? Join us at lunch for some light refreshments! There will also be some games to play, with prizes up for grabs!</p>	<p>12PM-2PM AHMS JOE VERCO</p>
<p>13/09 Trivia for Timor Come along for a fun evening of trivia, in support of the Rotary/Lions East Timor Dental Project, which provides support to dental services for East Timorese citizens.</p>	<p>6:30PM - 11PM THEBARTON COMMUNITY CENTRE</p>
<p>15/09 AUDSS City to Bay Join the AUDSS team for Westpac's City to Bay Run. We will be fundraising for Common Ground Dental Clinic!</p>	<p>6AM KING WILLIAM ROAD</p>
<p>20/09 GV Black Pub Crawl Our second and final pub crawl for the year is here, and its gonna be a big one! Starting at West Oaks, then around Hindley St!</p>	<p>7PM WEST OAKS</p>

NSK CREATE IT.

A LEAP TO THE NEXT STAGE

NEW

S-Max M Series

Air Turbine & Contra-Angle

**MORE POWERFUL,
DURABLE, USABLE**

S-Max M Series Air Turbine

- New state-of-the-art rotor design
- Significant 6W boost in power
- Trusted and proven Clean Head System
- 25% harder, light weight ceramic bearings
- Push button chuck
- Easy cartridge replacement due to barrel type design
- Facilitates more intricate operations.
- Elegant, slim design
- Quattro Spray System.



S-Max M Series Contra-Angle

- All-new more durable internal design
- Withstands repeated autoclave sterilisation and thermo-disinfection
- Trusted and proven Clean Head System
- 25% harder, light weight ceramic bearings
- Stainless steel handpiece body
- Satin-like finish and slimmer grip
- New chuck mechanism improves bur holding strength
- Tactile push button
- Quattro Spray System.



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